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**PAPERS PUBLISHED IN THE REFERRED JOURNALS/NON-REFERRED BUT
 RECOGNIZED AND REPUTABLE JOURNALS AND PERIODICALS, HAVING
 ISBN/ISSN NUMBERS.**

Sl. No	Title with page nos.	Name of the Journal	ISSN No	Number co-author (s), if any	Year of Publications
1.	The Status and Role of Women in Mizo Society Pp- 30-42	Journal of North East India Studies	ISSN 2278-1455	NIL	2014
2.	Theravada Buddhism and Traditional Religion in Lathao: A Tai Khampti Village in Arunachal Pradesh Pp-42-58	Journal of Northeast Indian Cultures	ISSN ISSN 2322-0988	NIL	2016

PARTICIPATION IN CONFERENCES/SEMINARS/WORKSHOPS/TRAININGS ETC.

Sl. No	Date	Title of Conference/Seminar etc.	Organized by	Level
1.	12-10-15 to 17-10-15	Short-term Course in Research Methodology	Human Resource Development Centre, NEHU Shillong	National
2.	27 th July 2018 .	Innovative Teaching Skills using MS Power Point	ICT Cell in collaboration with RUSA	State
3.	29 th March, 2019	Cyber Crime and Security	SSP Cell and RUSA	State
4.	3 rd April, 2019.	Legal Awareness	Teaching Learning and Evaluation Cell and RUSA, Govt. Aizawl College	State
5.	27 th February, 2018 .	Mizo Folklore	Mizo Department and RUSA, Govt. Aizawl College	National
6.	14 th March, 2018.	Orientation on Career, Value System and Life Choices	Career Councelling Cell, Govt. Aizawl College	State
7.	28 th March, 2018.	Talent Development	Creativity Cell, Govt. Aizawl College	State
8.	11 th April, 2018.	Art Education	Teaching, Learning & Evaluation Cell and RUSA, Govt. Aizawl college	State
9.	26 th Sept. 2019.	Training of Nodal Officers, Red Ribbon Club	Mizoram State AIDS Control Society	State
10.	17 th -18 th Oct, 2019.	Resurgence of Nationalism: Citizenship, Identity and Belonging	Mizoram Political Science Association and Dept. of Political Science, Govt. Aizawl College	National
11.	30 th & 31 st Oct, 2019.	Entrepreneurship and Socio-Economic Development in North East Indi	Research Consultancy and Extension Cell, Govt. Aizawl College in collaboration with State Planning and Programme Implementation Department, Government of Mizoram	National
12.	27 th July to 17 th August	30 th Orientation Course	HRDC, Mizoram University	National

13.	24 th – 28 th Aug.2020	Challenges and Opportunities in Higher Education	Research, Innovation and Extension Cell (IQAC) Govt. Aizawl College in collaboration with RUSA	National
14.	18 th Aug. 2020	Mahatma Gandhi and Martin Luther King: Socio-Political Inclusion	Dept. of Public Administration, Mizoram University, Aizawl, Mizoram.	International
15.	24 th – 28 th Aug.2020	Faculty Development Programme on 'Moodle Learning Management System'	Govt. Zirtiri Residential Science College, Mizoram in collaboration with IIT Bombay	National
16.	4 th Aug.2020	Covid-19: Essential Information from Clinician's Point of View	Dept. of Biotechnology, Mizoram University	State
17.	22 nd Aug.2020	Normalcy Post Covid-19: Issues and Challenges	Extension and Research Cell, Govt. Johnson College, Aizawl	National
18.	7 th Aug.2020	Literature, Culture and Society	Dept. of English, Govt. Aizawl North College	International
19.	20 th Aug.2020	Human Values and Ethics	Govt. Serchhip College, Mizoram	
20.	3 rd Aug.2020	The Abrogation of Article 370 and Contemporary Kashmir	Centre for Ethnic Studies and Research (CESR) in collaboration with Dept. of Political Science, Dudhnoi College, Dudhnoi	National
21.	18 th Nov. 2020	Interstate Border Disputes in North East India	Research & Publication Cell, Govt. Zawlnuam College, Mizoram	National
22.	17 th Aug.2020	Covid-19 and Rural North East India	Dept. of Political Science, Govt. Zawlnuam College, Mizoram	National
23.	7 th – 9 th Oct.2020	The Politics of Space and belonging	Govt. J. Thankima College	International
24.	10 th Oct. 2020	Revitalising of the state Economy Post Covid 19: Issues and Challenges	Govt. Saitual College	National
25.	17 th Oct. 2020	New Education Policy 2020: Issues and Challenges for Higher Education in Mizoram	Dept. of Education, Govt. Hnahthial College, Mizoram	State

26.	20 th Oct. 2020	Political Participation of Women in North East India	Dept. of Political Science, Govt. Zawlnuam College	National
27.	23 rd Oct. 2020	Quality Assurance of Higher Education in North East India	Dept. of Education, Govt. Zawlnuam College, Mizoram	National
28.	28 th Oct. 2020	NGO's and Development: Perspective in South East Asia	Research & Publication Cell, Govt. Zawlnuam College, Mizoram	International
29.	31 st Oct. 2020	Literature Culture in North East India	Dept. of English, Govt. Zawlnuam College	National
30.	3 rd – 10 th Nov. 2020.	MZU Identity	jointly organised by Dept. of Mizo, Govt. North College, Govt. Khawzawl College, St. Xavier's College, Mizoram Christian College and ICFAI University, Mizoram	International
31.	8 th -12 th Dec. 2020	Mizo Drama: A Critical Study on Drama from UG & PG Syllabus Under	Literature Club and Department of Mizo, Govt. Aizawl College	National

POSITION HELD

Year	Duration	Position
2018-	On-going	Department Incharge, Department Monthly Report
2018-19	1 Year	Member, Teaching-Learning & Evaluation Cell
2018-	On- going	Nodal Officer, Red Ribbon Club
2018-	On-going	Member, Green Teachers
2019-	On-going	Member, GAC Village Adoption Cell
2019-	On-going	Member, Ek Bharat Shreshtha Bharat Club

AWARDS/ACHIEVEMENTS/ HONOUR.

Year	Title of Awards/Achievements/ Honour	Name of Awarding Body
2018	Doctor of Philosophy	NEHU, Shillong