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Date of superannuation : 31.1.2033

PARTICIPATION IN CONFERENCES/SEMINARS/WORKSHOPS/TRAININGS ETC.

Sl. No	Date	Title of Conference/Seminar etc.	Organized by	Level
1.	11th-31st March 2004	UGC Refresher Course	Education,	National
			Dept,MZU	
2.	18.10.2004 –	Orientation Course	ASC,JNU	National
	11.11.2004	(General)		
3.	3-23.3.2006	UGC Refresher Course	ASC,MZU	National
4.	26.7.2010-17.8.2010	UGC Refresher Course	ASC,MZU	National
5.	22-23.9.2010	Seminar on Socio-Economic Status of Mizoram-Problems & Prospects	Govt. J.Buana College, Lunglei	District
6.	18th-19th May 2011	Rural Development without Panchayati Raj Institution in NE India	Govt. J.Buana College	National
7.	24th-25th Aug.2011	Political Empowerment & Women in Mizoram	Govt. J.Buana College	State
8.	28th-29th Feb.2012	Changing Status of Women in NE India: A Historical Analysis	Govt. J.Buana College	National
9.	23rd-28th July 2012	One Week Workshop on Applied Statistics	ACS,MZU	National

10.	3 rd -7 th Sept, 2012	Training in Environment & Disaster	ATI, Mizoram	State
11.	27 th Nov 2012	Problems & Opportunities in Higher Education and Higher Education Vision and Professional Code of Ethics for Teachers	Mizoram College Teachers' Association	State
12.	30 th May 2013	Higher Education in 12 th Five Year Plan	Mizoram Educational Foundation and IGNOU	State
13.	13 th -14 th June 2013	Innovative Teaching, Learning, Evaluation and Healthy Practices	Govt.Aizawl College	State
14.	26 th – 27 th Sept.2013	Road to Mizoram Peace Accord - 1986	Govt.Aizawl College	National
15.	24 th -28 th Feb.2014	Training on Risk Identification, Assessment and Analysis	ATI, Mizoram	State
16.	30 th -31 st March 2015	Role of Students in Mizoram Politics	Govt.Aizawl College	State
17.	21st Oct 2016	Gender Issues on Persons with Disabilities	Govt Aizawl College	State
18.	12 th July 2017	Curriculum Reforms Initiatives	State Higher Education Council, Mizoram and State Project Directorate, RUSA	State
19./	3 rd Nov 2017	Personal Values and Life Decisions and Cultivating & Processing Artemisia(A-3) Plant for Natural Medicine	Placement Cell,RUSA, Govt Aizawl College	International
20.	7 th March 2018	Training on Skill Development	Education Department, Govt.Aizawl College	Local
21.	29 th March 2018	Legal Awareness	Equal Opportunity Cell, RUSA, Govt Aizawl College	Local
22.	29 th March 2019	Cyber Crime and Security	Student Support & Progression Cell, IQAC and RUSA, Govt Aizawl College	State

23	9 th August 2019	International Workshop on	Department of	International
		Communication Skills	Education, Govt.	
			Aizawl College.	
24.	24 th -28 th Aug.2020	One Week National		National
		Webinar Workshop on		
		Challenges and		
		Opportunities in Higher		
		Education		
25.	23 rd Sept 2020	One Day Training on Online	Governance,	Local
		Teaching	Leadership and	
			Management Cell,	
			IQAC, Govt Aizawl	
			College	
26.	11.11.2020	Webinar National Education	Education	National
		Policy 2020 : A Paradigm	Department, MZU	
		Shift in Indian Higher		
		Education held		
27.	18 th – 19 th November	National Webinar on	Mizoram Education	National
	2020	Contemporary Issues and	Foundation	
		Trends in Indian Education		
28.	8 th -12 th Dec.2020	National Webinar on Drama	MizoDept, Govt	National
		(A Critical Study on Drama	Aizawl College	
		for UG & PG Syllabus under		
		MZU)		

INVITED LECTURE/RESOURCE PERSON/ RADIO TALKS/ TV PROGRAM

Topic	Name of the program	Organized by	Date
National Integration	Women Programme	AIR	12.10.2013

POSITION HELD

Year	Duration	Position
2014-2016	2 years	Treasurer, Mizoram Table Tennis Association
2016-2018	2 years	Treasurer, Mizoram Table Tennis Association
2018-2020	2 years	Treasurer, Mizoram Table Tennis Association
2020-2021	Current year	Executive Committee Member, Mizoram Table Tennis
		Association
2020-2022	Current year	Executive Committee Member,
		DawrpuiVengtharKohhranHmeichhia
2004-2021		Member, Mizoram Education Foundation

AWARDS/ACHIEVEMENTS/ HONOUR.

Year	Title of Awards/Achievements/ Honour	Name of Awarding Body
2016	Manager, Mizoram Table Tennis Team, National NE Games 2015-16 and won Gold Medal (Men's Team) and Silver Medal (Women's Team)	Mizoram Table Tennis Association
2017	1)Silver Medal in Womens' A-35 Singles in Senior Veteran Table Tennis Championship-2017 organized by ADTTA 2) Silver Medal in Womens' Double Team in XXX Mizoram Civil Services Annual Sports Meet (2017) organized by MCSS & CA	1)Aizawl District Table Tennis Association 2) Mizoram Civil Services Sport and Cultural Association
2018	1) Gold Medal in MTTA Season Opening TT Championship-2018 organized by MTTA 2) Gold Medal in Singles A-35 in Mizoram Veteran TT Championships-2018 organized By MTTA 3) Silver Medal in Doubles A-35 in Mizoram Veteran TT Championships-2018 organized By MTTA 4) Gold Medal in Womens' Doubles A-35 in Mizoram Veteran TT Championships-2018 organized By MTTA	1) Mizoram Table Tennis Association 2) Mizoram Table Tennis Association 3) Mizoram Table Tennis Association 4) Mizoram Table Tennis Association
2019	1) Silver Medal in Womens' Singles A-35 in Mizoram Veteran TT Championships-2019 organized By MTTA 2) Silver Medal in Womens' Singles A-35 in ADTTA Season Opening TT Championships-2019 organized by MTTA 3) Silver Medal in Womens' Singles A-35 in MTTA Season Opening TT Championships -2019 organized by MTTA 4) Silver Medal in Womens' Singles A-35 in Mizoram Ranking TT Championships-2019 organized by MTTA 5) Bronze Medal in Womens' Singles A-35 in 1st NE Masters TT Championships-2019 organized by North East TT Association	1) Mizoram Table Tennis Association 2) Mizoram Table Tennis Association 3) Mizoram Table Tennis Association 4) Mizoram Table Tennis Association 5) North-East TT Association